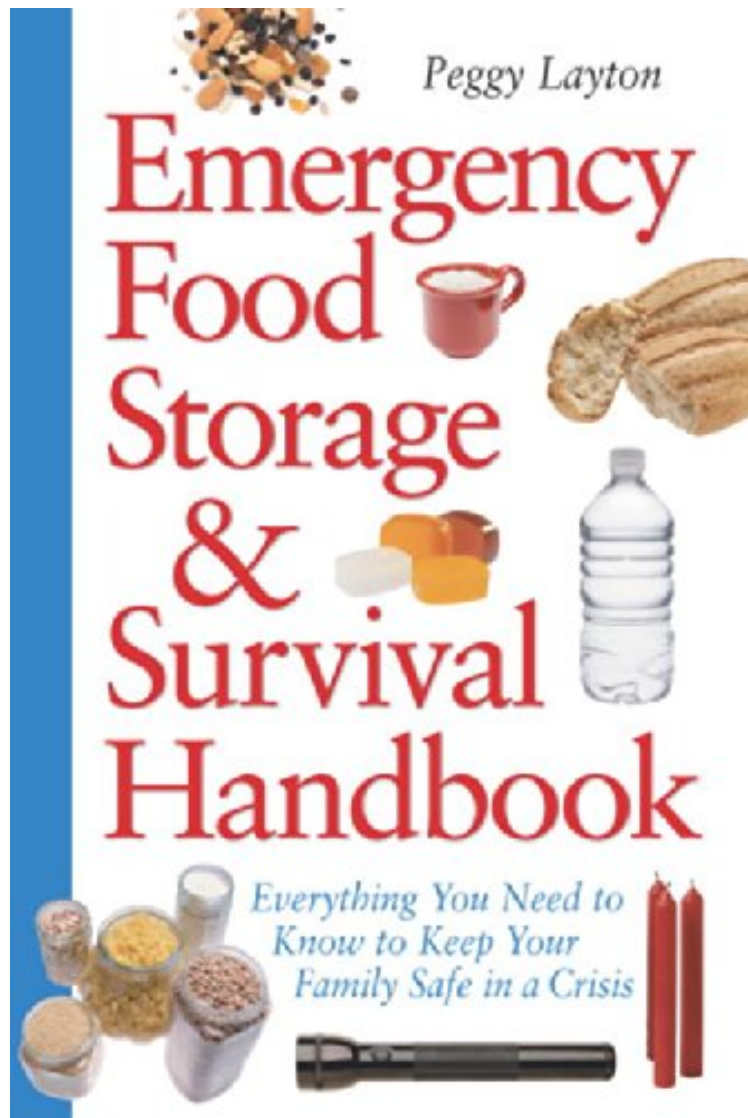


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Emergency Food Storage Survival Handbook: Everything You Need to Know to Keep Your Family Safe in a Crisis

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0 of 0 people found the following review helpful. A fantastic product! A must have for Preppers!By James ThompsonI haven't finished the book in it's entirety just yet, but what I have read so far is fantastic. It's got very simple, easy to understand instructions and guidelines on storing food and emergency supplies. The book has within it bindings several tables and charts on how to calculate how much supplies you will need for the span of 1 month, 3 months, 6 months and a year or more. Right down to the exact ingredient you may need for a specific meal. There is even a section on how to help budget yourself to gain the funding to be able to prep and not throw yourself into debt. This section also comes with a table to help layout your monthly expenses. It's a great buy!0 of 0 people found the following review helpful. MUST Have Must readBy debraintexasThis is a MUST read. With all the storms and people without food and water sometimes for days it's important to know how to prepare and PROPERLY store your food for emergencies.0 of 0 people found the following review helpful. Five StarsBy MMGreat advice to preparing for country life without electricity.

What if your life was disrupted by a natural disaster, food or water supply contamination, or any other type of emergency? Do you have the essentials for you and your family? Do you have a plan in the event that your power, telephone, water and food supply are cut off for an extended amount of time? What if there were no medical or pharmaceutical services available for days, weeks, or months? How prepared are you?With this guide by your side, you and your family will learn how to plan, purchase, and store a three-month supply of all the necessitiesfood, water, fuel, first-aid supplies, clothing, bedding, and moresimply and economically. In other words, this book may be a lifesaver. Inside you'll find 10 steps to an affordable food storage program plus how to: Prepare a home "grocery store" and "pharmacy" Use what you store and store what you use Store water safely and provide for sanitation needs Create a first-aid kit, car kit, and 72-hour emergency kit for the whole family And many more invaluable hints and tips"This clear, concise, step-by-step program is not only affordable and doable, it's essential in these uncertain times. Now, everyone from apartment dwellers to basement owners can store a three-month supply of the essentials, including peace of mind!" Joni Hilton, author of Once-a-Week Cooking Plan and Cooking Secrets My Mother Never Taught Me