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Eating Disorders: An Encyclopedia of Causes, Treatment, and Prevention

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EATING DISORDERS

AN ENCYCLOPEDIA OF CAUSES,
TREATMENT, AND PREVENTION

Justine J. Reel, PhD, LPC, CC-AASP, Editor

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From Brand: Greenwood : Eating Disorders: An Encyclopedia of Causes, Treatment, and Prevention before purchasing it in order to gauge whether or not it would be worth my time, and all praised Eating Disorders: An Encyclopedia of Causes, Treatment, and Prevention:

1 of 1 people found the following review helpful. Minimal information By ASMNO The book contains multiple small articles however most are by the author/editor. Information is minimal in each area, some only having a paragraph or two. As a clinician, student I was hoping to have a handbook that covered areas in more depth and was more scholarly written. 0 of 0 people found the following review helpful. Five Stars By Kevin Arrived on time as described thank you!

of 0 people found the following review helpful. Comprehensive volume of eating disorders By Mental Health This book covers everything from A to Z about body image and eating disorders. I enjoyed reading about athletes and overexercisers as well as seeing the resources offered for parents and treatment professionals throughout the book. The book is written in an easy-to-understand fashion and is an excellent book for a high school report or a mental health clinician's bookshelf. Parents, family members and friends of someone struggling will benefit from entries about pro-ana websites, referrals, treatment approaches, and how to support a loved one who has an eating disorder. Individuals who have eating disorders and are suffering silently will likely see themselves on these pages and will learn much more about the causes and contributing factors to their disorder.

A timely, relevant work, this encyclopedia provides a comprehensive examination of a full range of topics related to eating disorders and body image. Case illustrations of eating disorder concerns A timeline of the history of eating disorders Contributions from experts in cross-disciplinary fields Types of prevention programs and ways to promote positive body image

From Booklist This volume provides thorough coverage of the many facets of eating disorders, with an emphasis on psychological and emotional aspects. The range of topics covered is broad, including sports and exercise, prevention programs, treatments and therapies, psychological disorders, popular culture, and medical conditions. Each entry consists of a brief overview and history of the topic, its relation to (or effect on) eating disorders, a bibliography for further reading, and cross-references. Entries are written in laymans terms, making them easy to understand, and include methods of prevention, treatment, and related health conditions. In addition to the entries, a short time line highlighting the significant dates in the history of eating disorders such as the years specific disorders were defined and added to the Diagnostic and Statistical Manual of Mental Disorders is included. Editor Reel is a licensed therapist with experience in treating patients with eating disorders in various settings as well as a former anorexic herself. Contributors also have experience with treating or researching eating disorders and are in the health-care, exercise-science, or psychology fields. The variety of contributor expertise aids in the comprehensive coverage of topics. Eating Disorders: An Encyclopedia of Causes, Treatment, and Prevention addresses multiple perspectives on a variety of topics relating to eating disorders. The book has research applications in psychology, sports medicine, health, sociology, and more. The articles would be a great starting point for research, making this book suitable for most high-school, public, and undergraduate libraries. --Kaela Casey "Reel (Univ. of Utah), a professional counselor, here offers nearly 200 entries on body image and eating disorders. Her work is supported by 20 years of teaching, research, and clinical patient care. She collaborated with 16 contributors who have widespread expertise in the related disciplines of nutrition, sports, psychology, and addiction. . . . Summing Up: Recommended." - Choice "A solid and up-to-date introduction for college or graduate school students. . . . The extensive entries for treatment and prevention programs add to the title's usefulness." - Library Journal "This volume provides thorough coverage of the many facets of eating disorders, with an emphasis on psychological and emotional aspects. . . . The variety of contributor expertise aids in the comprehensive coverage of topics. . . . The articles would be a great starting point for research, making this book suitable for most high school, public, and undergraduate libraries." - Booklist "Eating Disorders offers a solid overview of information related to eating disorders. . . . Issues and topics relating to eating disorders continues to be a popular research area for high school and college students, so this title would be a useful addition to high school libraries, public libraries, and university libraries." - ARBA "This encyclopedia [is] a good introduction to eating disorders for lower-level students and the public." - Reference s About the Author Justine J. Reel, PhD, LPC, CMPC, is an Associate Dean of Research and Innovation and Professor within the College of Health and Human Services at University of North Carolina Wilmington. Her published works include Filling Up: The Psychology of Eating, Hidden Faces of Eating Disorders and Body Image, Working Out: The Psychology of Sport and Exercise, and The Female Athlete Triad along with over 100 manuscripts and book chapters.