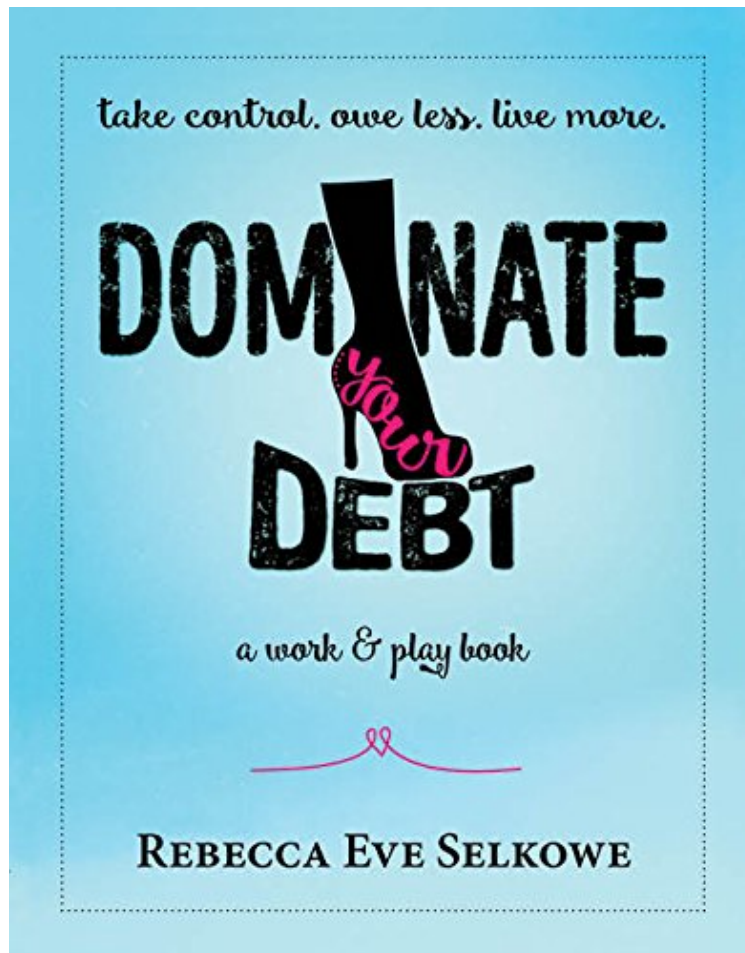


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Dominate Your Debt: A Work Play Book

Rebecca Eve Selkove

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Rebecca Eve Selkove : Dominate Your Debt: A Work Play Book before purchasing it in order to gage whether or not it would be worth my time, and all praised Dominate Your Debt: A Work Play Book:

3 of 3 people found the following review helpful. You CAN take control of your debt, it doesn't have to control you. By izzy bella The problem wasn't that I didn't know enough about money. The problem was, I had debt and I didn't feel in control of it. If you're in a place where you feel like your debt has spun out of control, and you're not quite sure how to plan yourself out of trouble, then this book is definitely for you. This book is actually a workbook that's easy to follow and more than a little fun to read, all while helping you formulate a plan on how to deal with your debt. The author doesn't talk down to you or tell you to sacrifice everything you ever loved to get out of debt -- there's a way to do it that let's you live now and also live for the future. I really, really loved how the beginning of each chapter listed goals, because I felt like, by the end of the chapter, I had accomplished them! It was rewarding and insightful and helped me to get to know MYSELF better and what I wanted out of the whole process. I felt like I had a coach standing alongside me through the entire book and that was really motivating (and much less scary)! LOVE AND

RECOMMEND THIS BOOK!!!! 1 of 1 people found the following review helpful. Rebecca combines a great mix of facts number-crunching with healing your relationship to money. By Yari Rebecca and Dominate Your Debt have made such a profound difference in my relationship with money. Money and debt had been a huge pain point in my life and I can't begin to recount how often I told myself "I'm just not good with money". The exercises in this workbook have not only helped me feel more in control of my money situation, but actually create a plan that does not leave me feeling deprived. I'd read a few books on money in the past, but their advice generally boils down to "don't spend money on anything fun until your debt is paid", which to me equated to "life will suck!". With Rebecca's help, I was able to create a plan that allowed me to enjoy my life WHILE paying down my debt AND growing my savings account! Yes, you can do all three things at once! And that's what I appreciated most about her teachings. It's never about feeling deprived, it's about feeling empowered. Rebecca combines a great mix of facts number-crunching with healing your relationship to money (because until there is a shift in mindset, you're just bound to continue the cycle). It's not airy fairy and it's certainly not dry or soul-crushing. It's more of an open conversation with a friend (who happens to be brilliant with money). Every person's money situation is unique, so I love that her lessons are super customizable to my own situation. There is work involved, but it's broken down in such a simple way that if you dig in and commit, you'll come out the other side debt-free and in control. 2 of 2 people found the following review helpful. I HIGHLY recommend this book for anyone who wants to feel empowered ... By Sara A. Goldstein The concepts that Rebecca presents in this books helped me IMMENSELY. In the 2 years that I've followed her money-saving strategies, I have dropped my student loan debt by 85% and at the same time, I have more money in my savings account than I've ever had! Her methods worked extremely well for me- she kicks you into action but also gives you the space to splurge and not feel guilty about it at all. I have never felt this secure about my finances before, and it's all thanks to her and this book. I HIGHLY recommend this book for anyone who wants to feel empowered about controlling their finances!

What to do to pay off debt is not a secret: throw money at it until it's gone. Dominate Your Debt: A Work Play Book answers the trickier question how. As in, "How do I take control of my debt, pay it off on my own terms, and still live my life?" With humor and candor, Dominate Your Debt guides you step by step through creating a plan to pay off your debt. You will understand yourself, your debt, and your options. You will organize your financial life. You will create a payoff plan that balances paying off debt with building savings. And you will track and celebrate your progress as you implement that plan, all right in the pages of the book. This book is the next best thing to having a sassy, savvy financial coach by your side as you tackle your debt. You'll find plenty of charts and numbers in this book, because, after all, debt is about numbers. But you'll also find lots of journaling prompts, thought questions, and space to doodle, dream, and figure things out. You're going to dig deep into your finances and your life, because being in control of debt is as much about what you do as how you feel. The work you do in this book will become your playbook for being confident and in control of your debt. This is not a "How to get out of debt and get rich FAST!" book. This is a book for women who are committed to taking control of their debt and who crave the knowledge, structure, and loving kick in the skinny jeans to make it happen. You won't just learn; you will be inspired and empowered to take action. Together, we will create a personalized, unique plan for you not just to pay off your debt, but to truly dominate it.

About the Author Rebecca Eve Selkove is a recovering attorney, a financial coach, and the creator of the Dominate Your Debt Boot Camp and Rock Your Money coaching programs. She is on a mission to empower all women to be confident and in control of their money. Her fresh, fun, no-BS approach to personal finance is one part sweet, one part sassy, and many parts singing. Learn more at OweLessLiveMore.com