

Developing Workplace Skills for Young Adults with Autism Spectrum Disorder: The BASICS College Curriculum

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DEVELOPING WORKPLACE SKILLS for YOUNG ADULTS with AUTISM SPECTRUM DISORDER

THE BASICS COLLEGE CURRICULUM

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Michelle Rigler, Amy Rutherford, Emily Quinn : Developing Workplace Skills for Young Adults with Autism Spectrum Disorder: The BASICS College Curriculum before purchasing it in order to gage whether or not it would be worth my time, and all praised Developing Workplace Skills for Young Adults with Autism Spectrum Disorder: The BASICS College Curriculum:

The BASICS College Curriculum presents a hands-on approach to learning essential independence and life skills for students and new graduates with Autism Spectrum Disorder (ASD). The fourth book helps young adults to develop strategies for successfully managing workplace challenges, both before they enter the workplace and during

employment. Students or recent graduates are shown how to identify and develop strategies to overcome common challenges associated with ASD in the workplace. These include communication and social interactions with colleagues, working in a team, proactively and successfully managing workload, dealing with stress, and managing their emotions. Ideal for graduates to use independently or for students in their last year of college, each chapter has a lesson-based progressive structure, providing valuable information and advice for the student, useful diagrams, practical exercises and workbook components that can be filled in at home or in class. Self-assessment tools ensure the skills from each chapter can be reviewed and adjusted as necessary. The book can be used on its own or in conjunction with the other books in the BASICS curriculum for a complete program of self-development.

This book is an excellent resource to assist young adults on the Autism spectrum to successfully transition from education to employment. It helps Autistic young people to identify their strengths and address barriers to employment. Filled with practical activities and case studies, tips and strategies, this handbook helps Autistic young people navigate the social world of work and its hidden curriculum. -- Jeanette Purkis - Autism self-advocate, civil servant and author of 'The Wonderful Word of Work: A Workbook for Asperiteens' This book is an excellent resource to assist young adults on the Autism spectrum to successfully transition from education to employment. It helps Autistic young people to identify their strengths and address barriers to employment. Filled with practical activities and case studies, tips and strategies, this handbook helps Autistic young people navigate the social world of work and its hidden curriculum. (Jeanette Purkis - Autism self-advocate, civil servant and author of The Wonderful Word of Work: A Workbook for Asperiteens)About the AuthorMichelle Rigler, EdD, is Director of the Disability Resource Center at The University of Tennessee at Chattanooga and Director of the Mosaic Program for students with Autism Spectrum Disorder on which the BASICS Curriculum is based. Amy Rutherford, M.Ed, is Assistant Director and an instructor for the Disability Resource Center's Mosaic Program for students with Autism Spectrum Disorder at the University of Tennessee at Chattanooga. Emily Quinn, M.Ed, is Interim Assistant Director of the Disability Resource Center and serves in the role of coach and instructor for the Mosaic Program for Students with Autism Spectrum Disorder at the University of Tennessee at Chattanooga.