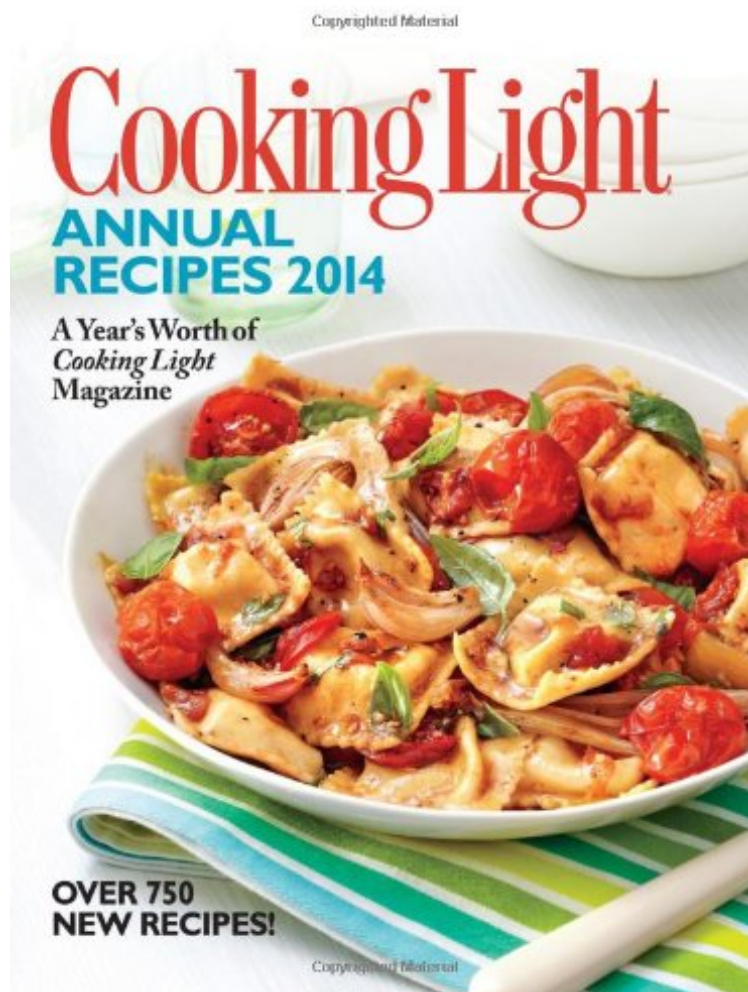


Cooking Light Annual Recipes 2014: A Year's Worth of Cooking Light Magazine

The Editors of Cooking Light Magazine
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The Editors of Cooking Light Magazine : Cooking Light Annual Recipes 2014: A Year's Worth of Cooking Light Magazine before purchasing it in order to gage whether or not it would be worth my time, and all praised Cooking Light Annual Recipes 2014: A Year's Worth of Cooking Light Magazine:

0 of 0 people found the following review helpful. or I'd run out of shelf space) This volume was listed as being in good condition, and that was an accurate descriptionBy L. AndersonI buy these annual recipe collections rather than subscribe to the magazine. I also buy them used and a few years past their original publication. With each new one that I purchase, I donate my oldest one to the local library (I have to this with cookbooks, or I'd run out of shelf space) This volume was listed as being in good condition, and that was an accurate description. I'm working my way through

the recipes now and have already found a few keepers. I've noticed that the recipes have become easier as the years have gone by, and that's good! There are plenty of dinner recipes which can be prepared in under 40 minutes in this collection. The directions are clear, photographs are great, and ingredients are (mostly) available in our local grocery stores. 1 of 1 people found the following review helpful. I wanted to eat the pages right out of the book! By christa vodola This book is filled with tons of great recipes and beautiful photos. Some of the pictures were so beautiful and enticing that I want to eat the pages right out of the book. I am a chef by trade and was looking for a little inspiration. I also had wanted to lighten up some of my dishes as a lot of the catering food I prepare is very high in calories. You would think as a chef we don't need any outside help in creating recipes. But like everyone else we get stuck in ruts and look for outside inspiration. This book offered tons of new ideas and inspiration to me. I love that none of these meals feel like diet food. Instead they just feel like the regular meals I make just healthier. The recipes are filled with lots of real, clean ingredients that are accessible to anyone. I can find any of these ingredients at my local grocery store. After eating the meals are prepared from the recipes in this book I felt lighter and more energetic. There is nothing super complicated about any of the recipes in this book. They're great for busy people who don't have a lot of time to spend in the kitchen. I would definitely recommend this to anyone who's looking for new and healthy recipes 0 of 0 people found the following review helpful. ... reviewer "I was hoping the layout would be more like a standard cookbook By JAXPDXI should have followed advice of reviewer "I was hoping the layout would be more like a standard cookbook. All the recipes are still in the magazine layout which makes it hard to read. Also, I was bummed it was all black and white photos. Not much better for a cook than the mag. Just less color. Most recipes weren't worth it either. Disappointed" ... Whoever wrote that review got it right! This cookbook is already in my " Goodwill bag" to donate.

Throughout the year, Cooking Light magazine produces some of the most unique and sought-after recipes derived from cutting edge food science, exotic world flavors, and the latest research on healthy eating. All those phenomenal recipes from 2013 can now be found in Cooking Light's Annual Recipes 2014, with over 700 favorite light recipes and over 400 pages of the menus, tips and techniques to guarantee success in the kitchen. These tried and tested recipes cover a wealth of food categories (and even include pairing suggestions) so that you can create perfect, delicious meals for any event or night of the week. This book-readers' most anticipated volume during the year-delivers all the delectable (and healthy) recipes that cooks trust and expect from Cooking Light. This book includes: Convenience in the Kitchen-As always, Cooking Light delivers all the additional information readers need to make the best foods and the most of their time in the kitchen, with helpful tips and easy-to-follow icons that making cooking for the family easy and enjoyable. Includes every single recipe seen in the magazine for 2013, plus many more meals and menus to create numerous courses including appetizers, sides, memorable main dishes, and desserts. Healthy and delicious recipes-over 700 in all-that each include a nutritional analysis so cooks can be assured that their meals are not only tasty and satisfying, but also incredibly nutritious! Over 65 beautiful illustrations, plus a list of highest rated recipes and staff favorites, showcase the quality and appeal of these healthy, delightful meals.

About the Author Cooking Light is the nation's leading epicurean brand with the largest audience, most epicurean editorial and the most recipes. Cooking Light is the only epicurean brand positioned at the intersection of great-tasting food and healthfulness, serving an important and growing consumer need. The brand delivers innovative recipes, nutrition advice, and resources to live a healthful lifestyle via its magazine, website, and portfolio of cookbooks; across all tablets; through the highly-acclaimed Cooking Light Quick and Healthy Menu Maker app; and on social media platforms including, Facebook (Facebook.com/CookingLight), Twitter (@Cooking_Light) and Pinterest (Pinterest.com/CookingLight). Cooking Light is published by the Time Inc. Lifestyle Group, a division of Time Inc., the largest magazine media company in the U.S.