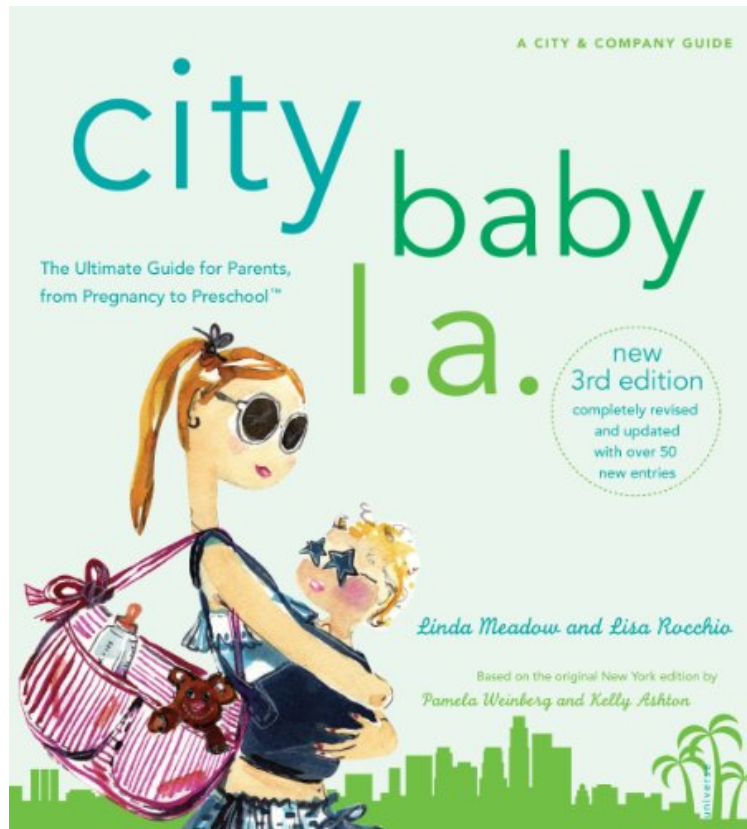


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City Baby L.A., 3rd Edition: The Ultimate Guide for Los Angeles Parents, from Pregnancy to Preschool (City Baby L.A.: The Ultimate Guide for L.A. Parents from)

Linda Meadow, Lisa Rocchio
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Linda Meadow, Lisa Rocchio : City Baby L.A., 3rd Edition: The Ultimate Guide for Los Angeles Parents, from Pregnancy to Preschool (City Baby L.A.: The Ultimate Guide for L.A. Parents from) before purchasing it in order to gage whether or not it would be worth my time, and all praised City Baby L.A., 3rd Edition: The Ultimate Guide for Los Angeles Parents, from Pregnancy to Preschool (City Baby L.A.: The Ultimate Guide for L.A. Parents from):

1 of 1 people found the following review helpful. Must Have For Mamas in LA - Everything from OB, Midwives, Birthing Centers, Prenatal Postnatal Exercise to Birthday Parties By Jessica S. This book is a great resources for mamas in LA (new and experienced). I definitely didn't know about all of the resources this book lists. I guess there is also a NYC version, but this one lists everything from OBs, midwives, doulas, prenatal yoga, post baby exercise, babysitting, daycare, new mommy classes, maternity clothes, baby clothes and furniture, baby stores, toy stores, kids classes/ play spaces, outdoor activities, parks, kid friendly restaurants, kids birthday info, first haircut, photography,

keepsakes all the way to preschools (who knew there were so many preschools in LA?! I rarely see children where I live). This is the 3rd edition, last updated in 2010/11 so there were a few places missing such as Earth Baby Boutique in Sherman Oaks and there were some restaurants that I'm pretty sure don't exist anymore (but she listed her email - info@gurumommy.com if you have updates). The authors wrote a paragraph about each place with website and contact info and separated by neighborhoods. I also like how they starred their favorite recommendations. Kind of like a master Yelp list for all of the major baby categories you're looking for (and haven't thought of yet!) The only complaint I had was the font of the titles of the places - it made it hard to read the correct letter, I had to check the email addresses they provided for each venue to make sure I was reading it correctly. Also, the kid friendly restaurant was great, but LA has so many great dining options and just because we have babies shouldn't mean we are confined to chains and mediocre restaurants. I take my baby most places except fine dining. There are so many tasty and great restaurants that are kid friendly that aren't listed, but this isn't a food specific book, so I can't dock them for that. (For example in West Hollywood, we'll take the baby to 9021pho, Vivoli Cafe, Veggie Grill, Zankou Chicken, Greenblatt's whereas their recommendations were things like Carneys and Pinks- which are prob great for young children - a train and an LA landspot, but I'm not going to eat hot dogs just to take my child to a kid-friendly restaurant). This must have taken a lot of work and I'm appreciative the authors put in the work to do this. I wouldn't have known about all the types of kids parties I could have or that there were that MANY preschools in LA (I live in West Hollywood and feel like I never see children!). I loved how they put the C Section rate and NICU level for all of the hospitals and if they had midwives or not. I also love how they have the baby clothes list: what you absolutely need - I feel like we all overbuy in this day and age - we only ended up using about 10% of our newborn clothes; they were right - most clothes in the first 6 months isn't worn that much (at least for me - it was hot out and people had all bought me winterish clothing because I had a baby shower in mid spring). Lastly, just wanted to add that a newer edition could include social media sites for the LA Mommy such as FB groups "LA Mommies", "So Cal Babywearers" (if you are a baby wearer) and "New Moms of Weho" (which is also a meetup group); I'm sure there are plenty more groups but these are the ones I've found most useful for my location. They really put in a lot of effort making this. Thank you and I hope you aren't offended by my comment on the restaurants - I like my food :)

What could be more exciting than having a toddler in Tinseltown? Who wouldn't want their baby to grow up in the City of Little Angels? This book covers neighborhoods across L.A., in Santa Monica, Palisades, Brentwood, Beverly Hills, West Hollywood, Hancock Park, South Bay, Venice, and the Valley. It comes as no surprise that L.A. is home to some of the hippest maternity stores, the best prenatal yoga, the most premiere parks and superior medical care in the country. New moms can learn how to take care of themselves (prenatal yoga classes, childbirth methods, birthing centers) and their babies (pediatricians, au pairs, Mommy Me programs) with this indispensable guide to the best resources, shops, and programs that L.A. has to offer. Topics covered include: Preparing for your baby from Obstetric Care to Childbirth; Taking Care of Yourself; From Health Care to Day Care; Adjusting to New Motherhood; Entertainment for Kids and Moms Shopping for Your Baby: the Big Firsts; Maternity Clothes; Baby Furniture and Accessories; Baby and Toddler Clothing; Toys, Books, Videos, Catalogs, and Magazines. Includes website directory, and extensive address listings.

About the Author Linda Meadow received a B.S. and J.D. from Northwestern University and was recently an attorney at Sony Pictures. She is also the founder of gurumommy.com and lives in Los Angeles. Lisa Rocchio holds a B.S. degree in finance from the University of Alabama and an M.B.A. from the University of Southern California. While previously employed in the finance field, she now spends her time chauffeuring her kids to activities and volunteering.