

[FREE] Career Grease: How to Get Unstuck and Pivot Your Career

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Alison Cardy

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CAREER GREASE

HOW TO GET UNSTUCK
AND PIVOT YOUR CAREER



ALISON CARDY

Foreword by Laura M. Labovich
Coauthor of *100 Conversations for Career Success*

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Alison Cardy : Career Grease: How to Get Unstuck and Pivot Your Career before purchasing it in order to gage whether or not it would be worth my time, and all praised Career Grease: How to Get Unstuck and Pivot Your Career:

5 of 5 people found the following review helpful. Accessible, practical, and compassionateBy Sara KravitzI received an advance copy of Alison Cardy's new book. Career Grease is a fantastic resource for three reasons:1. It's accessible. Easy to read, digest, and apply, it takes potentially scary or uncomfortable situations and breaks them down with clear language into specific, manageable actions.2. It's practical. It meets you where you are. Alison's use of real world

scenarios throughout the book allow you to clearly understand how her methods work. Whether you want to completely change careers, or deal with unsettling thoughts, she has an example for how to deal with a range of scenarios you may encounter during your job search.³ It's kind, funny, and insightful. Dealing with work can be stressful and scary. Alison provides empathy and compassion. Which actually might be the most helpful tool of all.⁴

4 of 4 people found the following review helpful. "the hobby hoax" (I loved that chapter)By Angella L. KardisI read this book while deciding whether to re-enter the workforce after 6 years as a SAHM. It is packed with practical advice on how to determine whether you need a career change and how to put together a plan to make that change happen. It covers the spectrum of pertinent topics, such as finding your unique career themes, overcoming past career challenges, "the hobby hoax" (I loved that chapter), considering entrepreneurship (using her own personal business start up as an example), and how to transition from analysis to action. The tone is professional and friendly without being awkward or too familiar. A great and useful read.I received an advance copy of this book in order to write a review.1 of 1 people found the following review helpful. lacking of substanceBy Felix MonteroI did not like this book because I found the advice is bland and uninspiring. The flow is boring where I found myself rushing to the good stuff which never really came. Moreover, this book was written in a series of boring client anecdotal stories about what happened to the Writer during life events. I just could not get into or feel compelled by much in this eBook.unfortunately, I found nothing unique within the pages and about half way through found myself flipping through the book trying to identify something worth my time.I also found the majority of the reviews were posted in march 14, 2016 which is not good sign of objectives reviews.In short, save your money for better ebooks.

I have been sending my career change clients to Alison for years because of her natural ability to create structure and clarity around such a confusing, frustrating, vague and ambiguous process as career change. Career Grease is, to me, a career change bible. Carve out a space on your shelf next to What Color is Your Parachute. This book is equally helpful (and not nearly as long)! - Laura M. Labovich, coauthor of 100 Conversations for Career Success "Just like Kennedys bold and prescient assertion in 1961 that Americans would get to the moon and safely back within the decade, Career Grease is infused with a can-do attitude and just-do-it ethos. But Alison Cardy doesnt stop at helping readers set lofty goals and build confidence necessary to take action. She also offers practical advice, relevant examples, step-by-step instructions, and a supplementary e-course that will put you on the trajectory of feeling over the moon about your new career direction." Christine Clapp, Coauthor of Presenting at Work Its Possible to Finally Improve Your Career Are you dissatisfied with your career? Having trouble seeing a better path? No matter how stuck you feel, it's possible to get into the driver's seat of your life at any moment and steer your career in an improved direction. Career coach Alison Cardy illustrates the step-by-step process she has successfully used to guide clients working in every industry imaginable through career changes. She shares engaging case studies, do-it-yourself exercises, and encouraging guidance to get you started on the right path for you (because no two journeys are alike). Cardy also flags common pitfalls and misleading career myths to help you keep your direction clear and your momentum intact. Career Grease goes far beyond superficial career advice and delves into sophisticated psychological terrain, helping you to not only figure out the changes you want to make, but also how to get your psyche on board, so that you can make real progress. After reading Career Grease, you'll have a full understanding of why you've been stuck and clarity about the steps you'll need to take to get moving.